

## AREAS COVERED BY THE TRAVEL TRAINING PROJECT



This project covers the 7 Local Government Areas as listed below:

- Bankstown
- Camden
- Campbelltown
- Fairfield
- Liverpool
- Wollondilly
- Wingecarribee

## TIPS FOR TRAVEL BY PUBLIC TRANSPORT

- Check timetable prior to leaving home either by calling the appropriate Transport company or checking with the Transport information line  
Phone: 131500 or on the internet  
[www.131500.info](http://www.131500.info)
- Plan return journey before leaving
- If you have a wheelchair or mobility aid and want to catch a bus, phone the bus company before you leave to see if they have a wheelchair accessible bus at the time you need to travel.
- If you are catching a train it is a good idea to phone the station you are leaving from prior to leaving to advise them that you will need some assistance as some stations are not manned.
- If you are purchasing a Pensioner Excursion Ticket (PET) have your pensioner card with you



### Mailing Address Travel Training

PO Box 617, Narellan NSW 2567

Phone: (02) 4629 6886

Interpreter Service: 131 450

Fax: (02) 4629 6800

Email: [traveltrain@swct.com.au](mailto:traveltrain@swct.com.au)

Website: [www.swct.com.au](http://www.swct.com.au)

# Travel Training Service



## Getting Out on Public Transport

## WHAT IS TRAVEL TRAINING?

Travel Training is about getting helpful advice to assist you to become more independent in accessing your community. Its about planning your journey so you can feel relaxed and confident when you travel. It may be that you need help with understanding timetables or someone to go with you the first couple of times. The amount of help you receive is dependent on your individuals needs.

## WHAT FORMS OF TRANSPORT CAN YOU USE ?

You can use any form of transport. It maybe that you want to travel on a Train, Bus, Ferry, Community Transport, Complimentary Club Bus or maybe you might want to walk or ride a bike but are unsure of the route to take. We can assist groups and individuals with Travel Training.

## WHERE CAN YOU GO?

You can use Public Transport to get to many places. It maybe that you want to travel to the city, to go shopping in your local area, or to visit a friend or family member.

## COSTS INVOLVED?

Travel Training is a **Free** service for eligible clients. You can receive 1 to 5 sessions with a staff member while accessing Travel Training. These sessions can be spread out to meet your individual needs.



## WHO IS ELIGIBLE?

People need to be over 18 years of age and fit one or more of the following criteria:

- Frail aged
- Transport disadvantaged
- Person with a disability
- A new arrival to Australia or a person for which English is not their first language

Enquiries and referrals can be made by contacting South West Community Transport on Phone: **(02) 4629 6886** and asking to speak to staff in the Travel Training program or you can return the form on the opposite page.

## INTERESTED IN TRAVEL TRAINING?

Are you interested in receiving more information about Travel Training or would you like to refer yourself or someone you know? Simply Phone: **(02) 4629 6886** or fill out the information below and return by fax or mail to Travel Training Project and a staff member will contact you.

**Name:** .....

**Phone:**.....

**Suburb you live in:**  
.....

**Circle type of transport you're interested in:**

- Bus
- Train
- Walking
- Community Transport
- Riding a bike
- Complimentary Club Bus
- Other

.....

**Destination you need:**  
.....

**Getting Out on Public Transport**  
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**Travel Training**  
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**Email:** traveltrain@swct.com.au  
**Website:** www.swct.com.au